

MEETING: 22/09/2016

Ref: 13517

**ASSESSMENT CATEGORY - Older Londoners**

**Chinese National Healthy Living Centre**

**Adv: Ciaran Rafferty**

**Base: Westminster**

**Amount requested: £103,000**

**Benefit: London-wide**

**Amount recommended: £80,000**

**The Charity**

Chinese National Healthy Living Centre (CNHLC) is based in a local health centre, in the heart of the Chinese community in Soho. It was established in 1987 to promote healthy living and reduce health inequalities and currently acts as a bridge between the Chinese community and mainstream services. Although its work has a strong focus on London it does provide services in other parts of the UK, whilst many of its resources are available nationally.

**The Application**

This application is for two years' continuing support of the London Chinese Dementia & Alzheimer's Project, which you have funded for three years to date (the current grant ends December 2016). The project provides a range of services to support those with dementia and their families and carers. It aims to increase awareness and knowledge of the condition; reduce stigma; and provide practical support. Monitoring of the grant and the work to date has been impressive. As one of very few health-focused charities serving this community pan-London it is reasonable for you to consider the project as strategic and eligible for a further two years' support.

**The Recommendation**

In the next two years – should you approve the request – the charity would continue its work with existing clients (as many need on-going support) but would also be able to serve new clients and new needs, in part by recruiting new volunteers to expand the befriending element. (Befrienders are important to assist people to and from the support and health services as many are unable to use public transport on their own.) The charity also works very closely with the Alzheimer's Society and, with their assistance, would incorporate a baseline study and evaluation of the impact of the project which in itself would increase the ability to access funding beyond 2018. The amount recommended is less than that requested as the organisation holds sufficient free reserves to make a significant contribution to the costs of this project.

***£80,000 over two further years (2 x £40,000) for the salary of a f/t Co-ordinator plus running costs of the London Chinese Dementia & Alzheimer's Project, conditional on the receipt of a satisfactory report for the final year of the current grant.***

**Funding History**

Meeting Date	Decision
04/09/2013	£145,000 over three years (£50,000; £45,000; £50,000) for the salary of a f/t Co-ordinator plus running costs of the London Chinese Dementia & Alzheimer's Project.

## Background and detail of proposal

If dementia is diagnosed early enough there are many things that can be done to help sufferers and their families and to improve their quality of life. Language, cultural differences, and a great stigma amongst the Chinese community present major obstacles to getting early diagnosis and subsequent treatment and support. In London there are almost 8,000 Chinese people aged 65 or above and this figure is set to rise as a result of waves of immigration from the 1950s – 1970s. Many of this older generation have very poor English language skills and are of limited financial means. The practice within this community is for families to look after their elders – but where there may be an incapacity or disability it is also common for this to be kept very private, to the point where help which could be available is not called upon. Also, with the increasing paucity of affordable housing in the capital, fewer family members are able to live close enough to their parents/elders to provide day-to-day support. This increases the demand on, and need for, services such as those offered by CNHLC. The organisation is highly regarded amongst the Chinese community in London and, given its strong links with statutory health services, is ideally placed to provide this project.

## Financial Information

Forecast income in the current year is £207,000 of which £166,500 (80%) is confirmed as at 19<sup>th</sup> August 2016.

The cost of generating funds is estimated as equivalent to 25% of the Director's time/salary spent in fundraising.

Income fell in 2015/16 due to some grants and contracts ending. Current year income is forecast to rise to previous levels.

Year end at 31 March	2014/15 Independently Examined Accounts	2015/16 Draft accounts	2016/17 Current Year forecast
	£	£	£
<b>Income and Expenditure</b>			
Income	213,387	151,996	207,000
Expenditure	212,996	146,995	207,000
Unrestricted Funds Surplus / (Deficit)	5,391	(820)	0
Restricted Funds Surplus / (Deficit)	(5,000)	5,821	0
Total Surplus / (Deficit)	391	5,001	0
Surplus / (Deficit) as a % of turnover	0.2%	3.3%	0%
Cost of Generating funds (% of income)	12,241 (5.7%)	12,245 (8%)	13,000 (6.3%)
<b>Free unrestricted reserves</b>			
Free unrestricted reserves held at Year End	216,906	216,086	216,086
How many months' worth of expenditure	12.2	17.6	12.5
Reserves Policy target	106,498	73,497	103,500
How many months' worth of expenditure	6	6	6
Free reserves over/(under) target	110,408	142,589	112,586